

## REDMAN: Adrenal Stress Scenario Based Self Defense Program!

Would you really know what to do if you found yourself in a life threatening situation?

"Fear never goes away, but the trained ones know how to use it to their advantage"  
*Troy Coe*



"In my 31 years of experience in the United States Navy, I believe that even the United States Navy Seals would appreciate the kind of input and training that Mr. Coe has to offer..."

**Captain Robert Turpin (Ret.)**  
*President Naval War College Foundation*

"As you know Police Officers tend to be very critical. I have received nothing but positive feedback from members of the team. We appreciate the dedication that you have shown to your craft and the quality of instruction you provide"

**Michael Self, Lieutenant**  
*Special Assignment Unit Commander  
City of Peoria Police Department*

"Mr. Coe is an outstanding instructor who was able to instruct over 50 cadets on how to defend themselves. Both cadre and cadets were highly impressed with Mr. Coe and stated that his class was one of the best training events ever. Reality Defense Training would be an asset to any military or civilian organization. I highly recommend Troy Coe and his training."

**Mark Jones**  
*LTC, AR  
Professor of Military Science  
Department Of The Army  
USA Fourth ROTC Cadet Command*

Learning what to do in a variety of situations is very important but what are the most important things? This course is specifically designed to get the most out of your training in the shortest amount of time! Presented in a no nonsense way allowing for easy development and retention. You will be taught techniques that will work under adrenal stress, in real combat time, against a non compliant attacker.

**Class size is limited, so reserve your spot today!**

**Saturday, March 24, 1018**  
**10:00 am to 6:00 pm**  
**Tuition \$200.00 Advanced Purchase**  
**\$250.00 The Day Of**

Class will be held at:  
Reality Defense Training  
7750 E. Redfield Rd D-102  
Scottsdale, Arizona 85260

**Our training saves lives...  
Starting with yours.**

**Simply the most  
effect Self Defense  
system in the world!**

### Highlights

- ◆ Unarmed Weapons Defense & Takeaways
- ◆ Ground Fighting and Grappling Defense
- ◆ Learn to control and use your FEAR

Please Contact:  
Troy Coe @  
School: 480-284-4536  
Cell: 602-487-0051  
to reserve slot and arrange payment.  
[www.realitydefense.com](http://www.realitydefense.com)

**WOULD YOU REALLY KNOW WHAT TO DO IF THE UNTHINKABLE HAPPENED?**